

- **Principal:**  
Mr. Matthew Biemiller
- **Vice-Principal:**  
Ms. Nicole Bynoe
- **School Office Admin Assistant:**  
Mrs. Lisa J. Wilson
- **Admin Support:**  
Ms. Janitha Samarasena
- **Superintendent of Schools:**  
Mrs. B. Green  
(905) 884-4477
- **Trustee:**  
Mr. P. Adams-Luchowski

## Inside this issue:

Character Matters	2
Power Off & Play	2
EQAO Testing	2
Dress Code	2
Old Magazines?	2
Class Placement	3
Lost & Found	3
Extra Dry Clothes	3
Bus Transportation Message	3
Policies & Procedures	3
School Council	4
Thank you!	4
Eco-Team News	4
Time to Get Active	4
Spring Food Drive	5
Understanding Disabilities Workshop	6
Spring Movie in the SARC	7
Calendar	8

## Principal's Message

As we welcome (or wait to welcome) the arrival of spring, Highview is a bustling place. As a staff, we are all looking forward to the remaining three months of the school year and all the energy and excitement that the spring always brings.

March was a busy month at Highview. We were excited to recognize our student's first term academic, sports and school achievements with our Awards Assembly, and enjoyed the Big Crunch together at our Healthy Schools assembly. Our students did a wonderful job of representing our school in a number of athletic events, including the Intermediate Basketball Tournaments and the Area Spoken Word event. We also enjoyed a wonderful Family Zumba Night for all those who were able to attend.

Our classes in the Primary and early Junior divisions have been working to implement the Zones of Regulation, which is a program designed to support students in developing self-regulation. Self-regulation is the ability to be able to control our emotions, behavior, and thoughts. Simplistically, it is the ability to maintain your self-control. Zones of Regulation teaches children how to recognize their emotions and levels of alertness through identifying 4 zones: Red (intense emotions including anger and rage); Yellow (heightened emotions including anxiety, and frustration but also silliness and excitement); Green (a calm and alert state – ready to learn); and finally, Blue (low alertness or 'down' feelings such as sad, tired or sick). It supports students both in recognizing what zone they are in, as well as identifying the zones of other students; and identifying strategies to assist them in moving towards the Green zone. Encourage your child to share with you which zone they are in, and what strategies they have learned to help them navigate the zones. We will continue to include additional information about the Zones of Regulation in future newsletters.

Finally, spring has sprung, and with our enthusiasm has also come a need for reminders around school expectations and respect for one another. We have been working a great deal with our older learners to reinforce expectations around cell phones at school. We have had discussions in our classrooms throughout the year about the impact of digital footprints and how a positive attitude towards using technology supports collaboration, learning and productivity. Our school expectation is that cell phones are only used in classrooms with the specific direction of the teacher, and that they need to be off and out of sight at all other times. At no time should they be out when walking through the halls or out at recess. Please note that camera and/or video functions on mobile devices are not permitted for use on school property without clear permission from the principal or teacher, and at no time may electronic devices be used in washrooms, change rooms, or on the school yard. We would greatly appreciate your support in reinforcing these expectations with your child.

*M. Biemiller*

## Math Minute

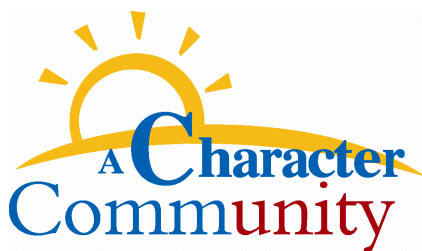
Parents often ask how they can support their child's learning of math skills at home. Technology provides us with a number of websites and tools that support parents in reinforcing and understanding math concepts. At times, parents state that they would like to help their child with a math concept, but they do not understand or remember the concept from when they were in school. A number of resources are available to help students with math:

**The Khan Academy** ([www.khanacademy.org](http://www.khanacademy.org)) is a free resource, that provides both instruction and practice in a wide range of math skills ranging from simple arithmetic to high school and university level modules.

**The Ministry of Education's Homework Help program** ([www.homeworkhelp.ilc.org](http://www.homeworkhelp.ilc.org)) is part of the Ministry's Provincial eLearning Strategy, the Ontario Ministry of Education and the Independent Learning Centre launched a new project called **Homework Help**. All Ontario Mathematics students enrolled in Gr. 7 – 10 have access to this resource, which including many new features and online resources. Students log on to Homework Help and using an interactive chat room, they can obtain personalized tutoring from a certified Ontario Mathematics teacher. Chats take place Sunday to Thursday evenings from 5:30 – 9:30 pm.

**Homework Help is no cost, live, and anonymous. In order to register for this program you will need your child's Ontario Education Number (OEN), which is found at the top of your child's progress report or report card, or can be obtained from school.**

## Character Matters



means to them.

"Right is right even if no one is doing it; wrong is wrong even if everyone is doing it." — Augustine of Hippo

Our Character Trait for the Month of April is **Integrity**. Developing integrity in your child is an important life skill. We encourage you to talk with your child about what integrity

### Character Calendar

*Respect, Responsibility,  
Empathy, Honesty,  
Fairness, Initiative,  
Perseverance, Integrity,  
Courage, Optimism*

## Upcoming Healthy Schools Initiative!



Coming soon..... Turn off your screen and.... pause to play.

The Healthy Schools Committee is supporting and promoting the next Healthy School initiative which is, "turn off your screens and take more time to play".

When: April 30-May 4

It's simple:

1. Turn off your screen
2. Play or participate in activities without the use of screens
3. If you wish, you may track or record the minutes of physical activity completed each day.
4. Have Fun!

Remember the 4 Ms of Screen Time:

1. **Minimize**- 2 to 5 years old - less than 1 hour a day\*
2. **Mitigate**- watch with children and choose educational and interactive content
3. Be **Mindful**- turn off screens when not in use
4. **Model**- adults' use of screens can influence children and develop a family media plan

\*recommended by the Canadian Pediatric Society

Click [here](#) for more information about this initiative!

## EQAO Testing

Our **EQAO Grade 3 and 6 testing** is tentatively scheduled to be held between **May 22nd and June 4th, 2018**. Please do not schedule any out of school appointments during this time. Information is available at [www.eqao.com](http://www.eqao.com) and additional information will be sent directly to those parents whose children are in Grade 3 or 6. We encourage our Grade 3 and 6 parents to explore the website and EQAO resources will also be shared with the students in preparation for the assessments.

Education Quality and  
Accountability Office



## Old Magazines?

Do you have a pile of old magazines sitting around the house? If you do, please consider donating them to the school. Students will use the magazines for various projects and crafts. Please bring any donations to the office.

Thank you!



## Warm Weather is Coming!

As the warm weather approaches, we want to remind parents, guardians and students of the appropriate dress code for our students while at school. Students are expected to dress appropriately for learning in clothing that shows respect for self and others. Please discuss this with your children in order to help us maintain high standards in our learning environment.



## Class Placement for 2018

The Ministry of Education's mandated requirements related to primary class size have allowed us to make great gains in creating primary classes that maximize teacher time with students in support of their learning. We continue to work with our superintendent and other board staff to plan for the upcoming school year.

Based on our current projections for the fall, we expect that our school organization will again contain a high number of combined grade classes. As student enrolment changes between now and September, we will continue to be organizing and re-organizing until our final numbers are determined as close to the first day of school as possible. Information regarding your child's teacher for the next school year will be given out in September.

The process for the formulation of class lists for September will begin soon. **After we determine class organization and**

**teacher assignments, each student is individually discussed and placed according to a number of criteria. Our goal is to establish balanced classes, providing effective groups which will benefit all children.** Teachers meet to carefully consider learning styles, academic skills, social grouping, special education and ESL needs, etc.

When considering class placements, **we are not able to honour parent requests for specific classroom teachers.** Instead, we invite you to share with the principal your child's learning style, as well as their strengths and their needs with regards to class placement. Please submit this information in writing to Mr. Biemiller prior to **May 1st**. Again, requests for specific teachers are not considered when placement decisions are made.

## Lost & Found

Our Lost & Found is overflowing! If your child has lost a jacket, sweatshirt, t-shirt, coat, pants, shorts or any other article of clothing, please be sure to check the Lost & Found. We will soon be displaying all of the Lost & Found items on tables in the lobby. Please come and take a look! All unclaimed items will be donated to a worthy cause at the end of April.



## Extra Dry Clothes In Backpacks



If you have not already done so, please send a set of dry clothes (pants and socks) to school for your child. With the spring thaw, the playing field can be very wet and muddy. An extra set of dry clothing will ensure your child stays dry and comfortable during the school day. Thank you for your cooperation!



## Important Bus Transportation Message

Did you know that students' bussing eligibility changes throughout their school career? Your son/daughter's eligibility to ride the school bus may change according to their grade and distance from home to school.

Below are the provisions for eligibility identified in the Board's Transportation Policy #680:

- All YRDSB students in Grades JK-3 who live within 1.2 km of their school are not eligible for transportation
- All YRDSB students in Grades 4-8 who live within 1.6 km of their school are not eligible for transportation
- All YRDSB students in Grades 9-12 who live within a transit served area are not eligible for transportation.

To view Board Policy #680 Student Transportation, please visit [www.yrdsb.ca](http://www.yrdsb.ca). For more information about bus transportation and to determine your son/daughter's eligibility please visit [www.schoolbuscity.com](http://www.schoolbuscity.com).



## YRDSB Policies & Procedures

Policies and procedures govern the operation of the Board and our school. To ensure they remain current, the Board reviews policies and procedures on a regular cycle. Seeking feedback from staff and community members, including parents/guardians, is an important part of the review process.

All policies available for comment are sent to school council chairs, and are posted on the [Board website](#) along with information about how to provide feedback. The policies currently available for comment include:

- Community Use of Schools
- Immunization of Students
- Progressive Discipline
- Student Transportation

To learn more, visit [www.yrdsb.ca/aboutus/policy/](http://www.yrdsb.ca/aboutus/policy/).





### **Reminder**

The next School Council meeting will take place on Monday, April 23rd, 2018 at 7:00 p.m. in the Library.

## **Healthy Schools - Thank you!**

The Healthy Schools Committee and Highview P.S. would like to extend our heartfelt thanks to three local organizations that have made generous donations to our program.

### **OPTIMIST CLUB**



OF AURORA Inc.

Generous donations from Aurora's Optimist Club and the Central East Student Nutrition Program will allow us to purchase healthy snacks that will be made available to all students. We will start with a bowl of apples in each classroom as well cheese strings available in the office. Without the donations from the Optimist Club and the Central East Student



Nutrition Program, this program would not be able to get off the ground. Thank you!

A generous donation from the Healthy Kids Community Challenge has allowed us to purchase a refrigerator to store the healthy snacks that we will be distributing via our healthy snacks program. Without this donation, we would not be able to purchase the fruit and cheese in bulk and thus get the best possible price. Thank you Healthy Kids Community Challenge!



## **Eco-Team News**



Once again this year, Highview P.S. participated with schools all across York Region as we turned out the lights for Earth Hour on March 23rd. All non-essential lighting and technology "took a break" for one hour. Families were also encouraged to participate in the Global Earth Hour on March 24th.

We are sending out a Highview High 5 to all of the Hawk families who helped reduce our carbon footprint!

## **Healthy Schools - Time to Get Active!**

### **After School - time to get active!**



Children need at least 60 minutes of moderate to vigorous physical activity daily to live healthier, happier lives, yet many only spend 14 minutes doing heart pumping activities after school. Most children spend their after school time sitting playing video or computer games, watching television or reading.

Getting outside can make a difference – kids who play outside after school get 2000 more steps a day (the equivalent of walking an additional two kilometres) than those who do not play outside.

#### **Tips:**

- Get outside with your kids
- Use active transportation such as walking and cycling as much as possible
- Restrict television viewing and video/computer games during the after school period
- Encourage your child to participate in intramural activities after school
- Investigate the availability of programs at your local Parks and Recreation Departments
- Help your child find activities that best suit their abilities and that they enjoy
- Walk your dog
- Enjoy a walk on one of the many York Region forest trails:  
visit [www.york.ca/services/environmental/take+a+hike.htm](http://www.york.ca/services/environmental/take+a+hike.htm)



For health-related information call York Region Health Connection at 1-800-361-5653, TTY 1-866-252-9933 or visit [www.york.ca/healthyschools](http://www.york.ca/healthyschools)



**Spring Food Drive at HPS!**

# Drive at HPS

**We are in need of:**

- Juice Boxes
- Tuna or Canned Meat
  - Cereal
  - Pasta Sauce
- Dry Legumes like Lentils
  - Baby Wipes
- Snacks (Peanut Free)
  - Crackers
- Chick Peas and Kidney Beans
- Canned Fruit
- Toiletries (Toothbrush, Soap, Shampoos)

Please, no dry pasta or baby food if possible.

***FOR EVERY ITEM BROUGHT IN, EARN 10 HOUSE POINTS!***

There will be boxes in the lobby  
for donations.

Drive extended to **May 4, 2018.**

Thank you for your support!

**Families of elementary and secondary aged children/youth  
Join us for a free workshop!**

## **Understanding Learning Disabilities and Attention Disorders (translated in Arabic)**

**Date:** Wednesday, April 25, 2018

**Time:** 6:30PM – 8:30PM

**Location:** Loyal True Blue and Orange Home Building  
11181 Yonge St. Richmond Hill, Ontario L4S 1L2  
(Basement Room: B13)

### **Learn About:**

- What are Learning Disabilities (LDs) and/or Attention Deficit Hyperactivity Disorders (ADHD)?
- Advocating for children/youth with LDs and/or ADHD.
- Supporting children/youth to gain self-advocacy skills.
- Parent/Guardian rights within the school system.
- Supporting mental health awareness.
- Programs and services to support children/youth & families.

### **Presenters:**

Renee Flannery & Stephanie Gatti, Learning Disabilities Association York Region (LDAYR)

**\*Free event. Light refreshments will be provided.**

**\*Free Arabic translation onsite.**

**\*Free child-minding is available upon request.**

**Please register for this event.**

To register and for more information contact:

Stephanie Gatti at Learning Disabilities Association of York Region: 905 884-7933 ext. 24 or [info@ldayr.org](mailto:info@ldayr.org)



AURORA'S



# MOVIE ★ IN THE ★ SARC



THIS FREE EVENT IS BROUGHT TO YOU BY  
THE TOWN OF AURORA

## PADDINGTON 2

6:15 p.m. (PG)

SATURDAY, APRIL 28 • 2018

Stronach Aurora Recreation Complex • PFAFF Arena

1400 Wellington Street East

Image is licensed by Warner Brothers

THE MOVIES IN THE PARK SERIES BEGINS EARLY  
WITH AN INDOOR SPRING MOVIE.



A food donation for the Aurora Food Pantry  
is appreciated.



4 p.m. to 6 p.m. • Games and activities



6:15 p.m. • Movie starts

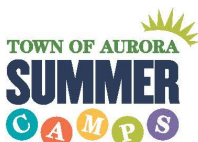


The ice will be removed from the arena floor.  
Please bring your portable chairs  
for comfortable seating.



905-726-4762 • #AuroraMovies  
[aurora.ca/moviesinthepark](http://aurora.ca/moviesinthepark)


We reserve the right to cancel, amend or change activities.





# April 2018



SUN	MON	TUES	WED	THURS	FRI	SAT
Character Trait of the Month					Good Friday	
1 Easter Sunday	2 Easter Monday World Autism Day	3 Day 2 Wear BLUE for Autism Awareness	4 Day 3 Jump Rope For Heart Kickoff	5 Day 4 	6 Day 5 Holy Friday (Eastern) 	7
8	9 Day 1	10 Day 2	11 Day 3 Knitting Club	12 Day 4 Knitting Club 	13 Day 5 Rainbow Day Vaisakhi 	14
15	16 Day 1	17 Day 2	18 Day 3 Director's Cut - GR23A & GR23B Knitting Club	19 Day 4 Jr Boys Area Bball Knitting Club 	20 Day 5 	21 Ridvan
22	23 Day 1 School Council Meeting (7:00 pm)	24 Day 2 Jr Girls Area Bball	25 Day 3 Chef a L'ecole - Grades 4 to 8 Knitting Club	26 Day 4 Knitting Club 	27 Day 5 	28
29	30 Day 1				<b>UPCOMING DATES</b> May 21 - Victoria Day May 22 to June 4 - EQAO June 4 - PA Day June 29 - PA Day	

Integrity